

# INTERSECTION

MARCH 2011

By Shona Vistarini

## CAIRNMILLAR GRADUATION - 50 YEARS OF ASTONISHING GROWTH

The Cairnmillar Graduation took place on Wednesday 2nd March, in St Michael's Uniting Church. The Graduation Ceremony was of special significance as it was the 50th year of the Cairnmillar Institute. Distinguished guests, patrons and students of Cairnmillar gathered together to take part in this colourful event.

Wonderful artwork, provided by Patsy Worledge, in the shape of two columns graced the gardens at St Michael's for the occasion.

Among the many awards of excellence that were handed out, one of Mingary's own counsellors, Lavinia McSwain, received the Outstanding Internship Award. This award was presented to a provisional psychologist who contributed the most to the internship in terms of time, commitment and enthusiasm. Dr Macnab also presented two, highly prized, scholarships; The John Waters Scholar for 2011 which was awarded to Ms Adrianna Mendoza of Columbia and The Michael Kirby Scholarship for 2011, presented to Fr Chrisantha Fernando of Sri Lanka.

Professor Peter Doherty ended his tenure as Chief Patron of Cairnmillar after five years. His service was highly appreciated. He passed this honour to the newly appointed Chief Patron, Dr Graham Mitchell, who you may already be familiar with from his guest appearance at St Michael's Breakfast in 2010. As a part of this new era in Cairnmillar, Steve Biddulph, George Burns and Prof Prasuna Reddy were honoured with appointments to Cairnmillar as Adjunct Professors.

### **St Michael's people become Fellows.**

For their ongoing and highly valued contributions to St Michael's and Cairnmillar, the eminent Wal Reid, Marilyn Cobain, Dr Carol Burton and Stuart Jobst were invited to be Fellows to St Michael's. We welcome them and look forward to their distinguished participation in the future.

The audience was entertained by the delightful sounds of The String Collective and the accomplished Rhys Boak. Steve Biddulph, as guest speaker, provided some poignant

insights into the lives of young women and girls striving to live with the stress of peer pressure.

One could say it was a day showcasing intelligence and that it was smartly organised! With Dr Ian Smart as MC and Pam Smart as Event Manager, both ensured that the evening was prestigious and inspiring from start to finish.

To end the night, all gathered in the Hall to exchange personal congratulations and sample sumptuous morsels.

The cutting of the 50th anniversary cake concluded an enjoyable evening that will be remembered well into the future.

Thanks to the many St Michael's people who were on hand to assist in the running of the event.



## 50<sup>TH</sup> ANNIVERSARY EVENT

On Thursday 3rd March, Steve Biddulph presented a seminar at St Michael's in celebration of the 50<sup>th</sup> year of Cairnmillar. A psychologist, successful parenting author and public speaker, Steve has had a phenomenal public response. His books grace the shelves of

over 4 million homes and he has spoken to well-over 130,000 people in 27 countries. Steve comes alive in front of an audience and his presentation at St Michael's was no exception. Following the theme of his new book 'The New Manhood,' he spoke to both men and women

about the development of families and making manhood a more positive experience. Steve gave a completely new and fresh perspective on family life, and related personal stories that were interesting and contextually relevant. The hall was full to overflowing.

## LIGHTS OUT!

At 8.30pm on Saturday March 26<sup>th</sup> 2011, lights will switch off around the globe for Earth Hour.

Individuals, businesses, governments and communities are

invited to turn out their lights for one hour to show their support for environmentally sustainable action. The first Earth Hour took place in



2007 in Sydney, where 2.2 million individuals and over 2,000 businesses

switched off their lights. Earth hour is now a worldwide

phenomenon with over 35 countries

participating in this event. St Michael's will once again participate in this cause and take a stand against climate change.

## AN UPDATE FROM RICHARD

Dear fellow Counsellors,

I received the HUGE get well card from all of you yesterday that followed the flowers I received in hospital. Thank you! The words, thoughts and prayers have supported me during this difficult time. Knowing the St Michael's community was behind me encouraged me significantly.

The last 3 + weeks have been quite a journey. From simply mowing the grass at home to rehabilitation to heal 4 pelvic fractures, broken wrist, collar bone and ribs has been quite an experience.

Fortunately the surgeons and medical staff at Royal Melbourne Hospital demonstrated how highly skilled they are by masterfully putting my badly broken bones back together.

Given the nature of the pelvic fractures, I have approximately 4 more weeks of zero weight bearing on my legs before any serious rehab can take place. However new skills are being learnt in the interim - operating a wheelchair with one arm!

My spirits are high as I reflect on the opportunities that are ahead. Without having inside me the philosophy of life we teach at St Michael's, I am sure my view of the future would be much more hazy.

I thank Mal Cobain for stepping into my shoes without a fuss.

There are still so many opportunities for St Michael's to further impact lives in Melbourne and beyond. I look forward to being an active part of the team again.

You are all very special people and I thank you again for your concern and support.

Best regards,

Richard Siegersma.



Creating Successful  
Life Events (CSLE)

**mingary**

WORKSHOP PROGRAM

These interactive small group workshops are for people who want to create their own happiness and enjoy a brighter future.

These are some of the upcoming titles;

**Fri 11 Mar** - Managing difficulties in our pleasure-driven society.

**Fri 8 Apr** - Are you capable of heroic measures?

**Fri 13 May** - How much mileage do you get out of your guilt trips?

Cost: 10.00 per session (includes materials and refreshments)

Time: 11.00 am to 12.30 pm

Location: Waratah Hall, 1st Floor, St Michael's Centre, 120 Collins Street

Contact: Dr Lynette Kramer

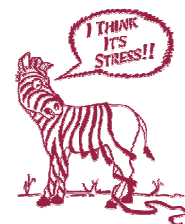
No bookings required.

## SAGE

**SUCCESSFUL AGEING,  
GROWTH AND ENHANCEMENT**

FRIDAY 26TH MARCH

Too many stresses as we get older. How can we prevent them running into serious health problems?



**Time:** 11 am to 1 pm

**Where:** St Michael's Hall  
120 Collins St,  
Melbourne, 3000

**Cost:** \$15 inc. lunch

For more information call 96545120

## A WEDDING SHOWCASE!

On Sunday 27<sup>th</sup> February, our wedding's coordinator, Shona Vistarini, represented St Michael's at a wedding showcase at the Rydges Hotel in Preston. It was a successful day with approximately 300 people passing through the showcase. The afternoon was filled with music from live bands, fashion shows and even a magician. St Michael's received a positive response and have now established a relationship with the Rydges Hotel and their events

coordinator.

We look forward to further spreading the name of St Michael's as a highly-desired wedding ceremony location.



## MANDOLINS ON COLLINS

The Melbourne Mandolin Orchestra (MMO) has been entertaining audiences throughout Australia, Europe and Japan since 1967. The Orchestra is made up of mandolins, guitars, mandolas, manocellos and also the double bass. With a wide repertoire of music, styles and compositions that have been specifically written for this orchestra, there is something for everyone to enjoy! Players of all ranks perform with the orchestra and through the MMO's Training Orchestra, amateur players have had the

opportunity to gain experience playing in an ensemble.

On Sunday 27<sup>th</sup> March 2011 at 2.00 pm, St Michael's will play host to the Melbourne Mandolin Orchestra for an enjoyable afternoon performance.

Tickets will be \$20.00 and children under 12 years old will be admitted free. For more information and bookings please ring 9645 7739 or visit

[www.melbournemandolinorchestra.org.au](http://www.melbournemandolinorchestra.org.au)

## PROGRAMS AT ST MICHAEL'S

### MEDITATION

Sundays - immediately after service

### DISCUSSION SPACE

Sundays - after service

### POETRY GROUP

Every 3rd Sunday - after service

### WOMENSPACE

The last Sunday of the month - after service (except April and September)

### MENS TALK

The last Sunday of the month - after service (except April and September)

### FREE ORGAN RECITALS

Thursdays at 1 pm

### GLOBAL CONCERNS

Sundays - after service

### ARTS FOR RIGHTS

Activities held monthly at various locations.

### WALKING GROUP

Walking at various locations throughout the year.

### HUMAN RIGHTS

Various events through out the year.

Visit the St Michael's website or check the Order of Service for details of latest groups and activities.

## ALFRED HOSPITAL HONOURS ST MICHAEL'S

After the devastating bushfires of Black Saturday in 2009, St Michael's congregation took up a donation offering which was given to the Alfred Hospital. Our contribution, along with many others, assisted The Alfred Hospital in purchasing a Brennan Skin Graft Mesher. This machine was able to provide more care to patients with major burns injuries, as was the need after the

Black Saturday bush fires.

To express their appreciation, the Alfred Hospital has installed St Michael's name on their new



Donor Board - an honour that St Michael's is privileged to receive.

The Alfred is the state-wide provider of burns care for all adults with complex major burns injuries in Victoria.

We would like to thank all those who donated so willingly and hope they will also enjoy the honour the Alfred Hospital Burns Unit is presenting to our community.

## WEBSITE RENOVATIONS

As our internet activity continues to grow, it has become apparent that the St Michael's website is in need of a facelift. An amazing reform is currently underway, and we can look forward a web page that is easier to navigate.

## NEW STAFF MEMBERS

St Michael's is pleased to welcome two new staff members to our office. Caitlin Sampimon will be taking over the position of administration assistant, and Shona Vistarini will be our new Weddings Coordinator. We warmly welcome them to the team!

**mingary**

### COUNSELLING SERVICE

Professional, confidential counselling for a broad range of personal issues.

Low cost service

Female and male counsellors  
Monday - Friday: 9 am - 5 pm

Due to popular demand,  
free memory testing continues  
to be available.

Consultations by appointment only.

Please call 9654 5120

[www.mingarycounselling.com.au](http://www.mingarycounselling.com.au)

St Michael's Place  
120 Collins St, Melbourne 3000



## EVENTS TO WATCH OUT FOR AT ST MICHAEL'S!

Tuesday 15th March

Magical Musical Mornings 'Viva the Diva!'

Sunday 20th March

Peter Ballard

Sunday 27th March

Melbourne Mandolin Orchestra Concert

Sunday 10th April

Tony Gould and Emma Guilmartin Concert

Sunday 17th April

Greta Bradman and Rhys Boak Concert

For more details please see the events page of our website.

## NEW MEMBERS MEETINGS

Are you interested in exploring the possibility of becoming a New Member of St Michael's? A series of three meetings will be held where you will have the opportunity to learn more about the church and discuss this possibility. The first meeting was held on Sunday 6th March. The subsequent meetings will be held on Sunday 13th March

and Sunday 27th March. Two leaflets are available at the Visitors' and Information Table and at the Visitors' Morning Tea - 'Why Join St Michael's?' and the other outlines the process involved.

If you have any questions, please see Lyndell O'Brien or Joy Arnot from the New Members' Committee, at the meeting in the Waratah room.

## ANNUAL GENERAL MEETING

The next Annual General Meeting will take place on Sunday 17th April, at 11.30 after morning service. All are welcome.



## DAYLIGHT SAVINGS

A reminder to all, that daylight savings ends on Saturday 3<sup>rd</sup> April at 2.00am. So gain an extra hour of sleep, and turn your clocks back one hour!



# ST MICHAEL'S

ON COLLINS - MELBOURNE

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