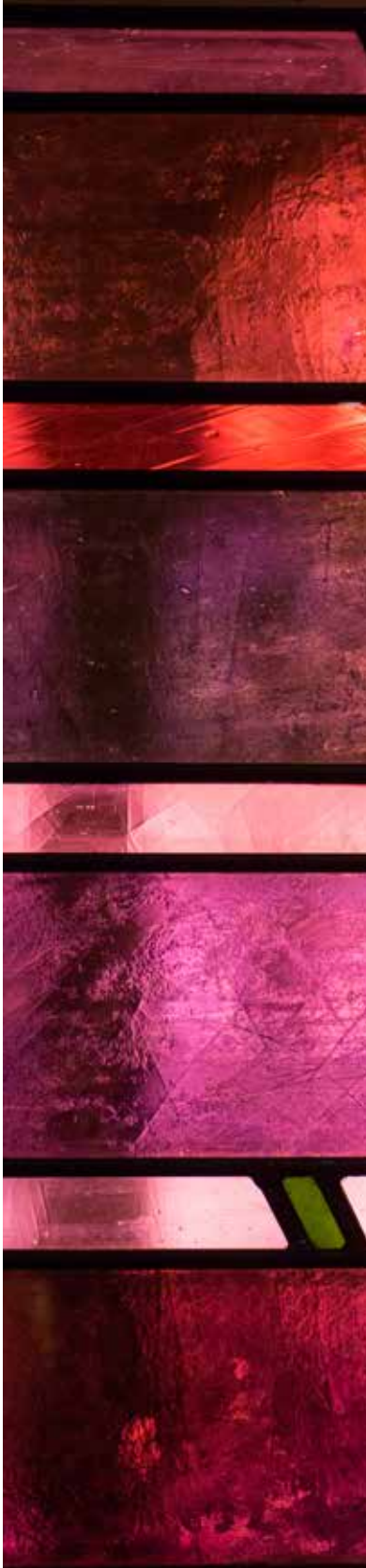


ST MICHAEL'S

ON COLLINS - MELBOURNE
INTERSECTION

SUMMER 2015/16



ST MICHAEL'S

ON COLLINS - MELBOURNE

CHRISTMAS AT ST MICHAEL'S

CHRISTMAS SERVICE 9AM, FRI 25 DEC

Different Ways To Strengthen
Your Spiritual Core
This Christmas.

Address by Dr Francis Macnab

SUNDAY SERVICE 10AM, SUN 27 DEC

The Courage We All Need
For A Different World.

Address by Dr Francis Macnab

SUNDAY SERVICE 10AM, SUN 3 JAN

Be Lifted Out Of Yourself.

Discover A Better
Self Strength.

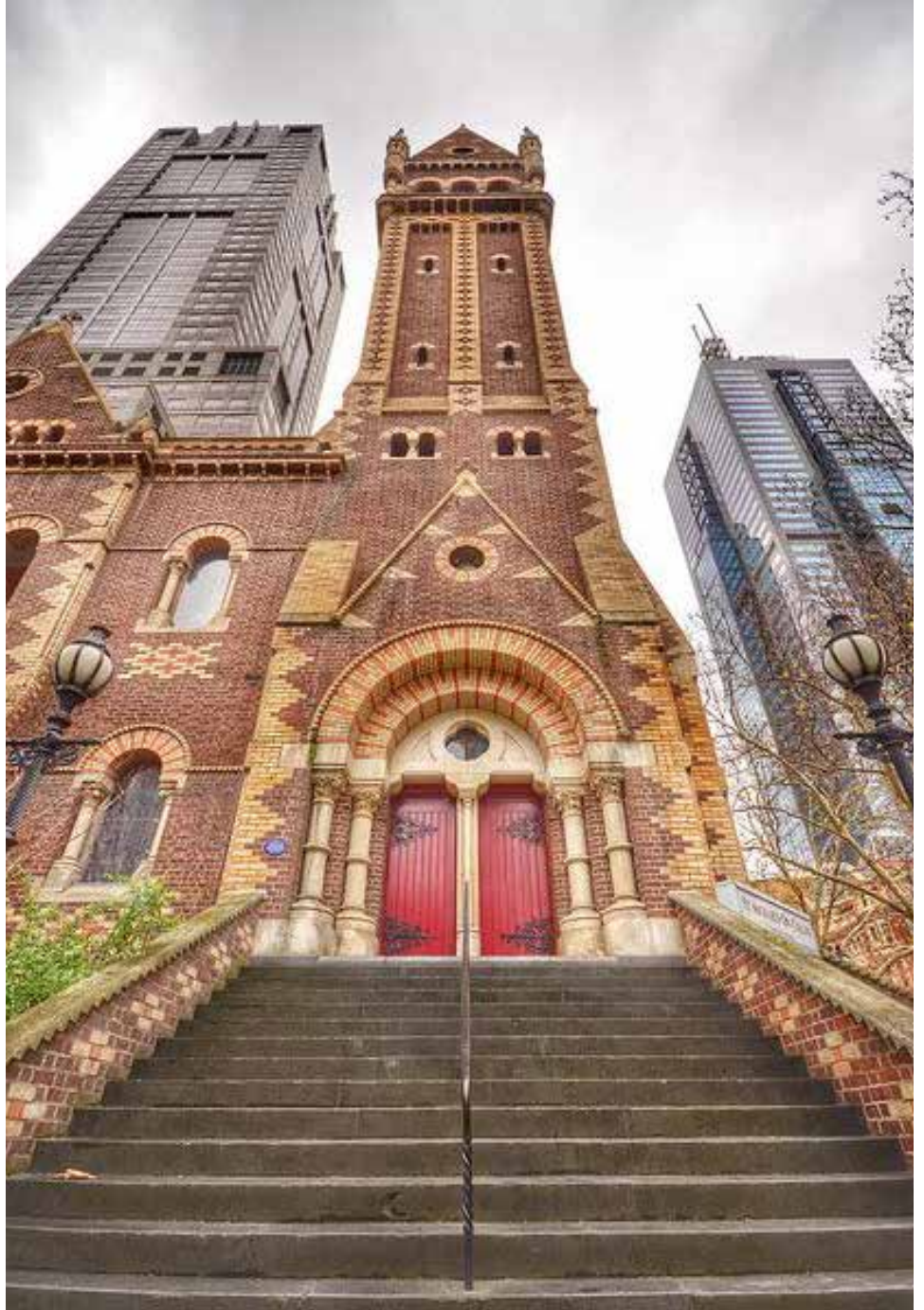
Address by Dr Francis Macnab

SUNDAY SERVICE 10AM, SUN 10 JAN

A Most Powerful Life-Experience
Losing And Regaining The Sense
Of The Possible.

Address by Dr Francis Macnab

ST MICHAEL'S ON COLLINS



A BLESSING FOR YOU

May you find good friends and be good friends.
May you enjoy the good things of life and share the good things in life with others.
May you hear good stories and may you be carriers of good stories.
Every day.

- Francis Macnab

ST MICHAEL'S

ON COLLINS - MELBOURNE

CHRISTOPHER ROBERT SMITH EXHIBITION OPENING

The exhibition of Melbourne photographer Christopher Robert Smith opened in the St Michael's Gallery on Sunday, 11 October.

Dr Macnab introduced Chris and his family to the congregation and invited everyone to experience the evocative landscapes.

If you'd like to view these beautiful photographs the gallery, on the ground floor of St Michael's Administration building, is open from 9am to 5pm Monday to Friday. Visit www.stmichaels.org.au for more information about the St Michael's Gallery.



ST MICHAEL'S

ON COLLINS - MELBOURNE

MARTIN BUBER COMMEMORATIVE LECTURES



Over 200 people attended Dr Francis Macnab's two lectures commemorating the work of Martin Buber, a prominent twentieth century philosopher, religious thinker and educator.

The free public lecture marked the 50th anniversary of the death of Martin Buber, best known for his philosophy of dialogue, a form of existentialism centered on the distinction between the *I and Thou* relationship and the *I and It* relationship.

Dr Francis Macnab's lectures explored Buber's continuing influence on psychoanalysis, politics and religion. We were honoured to have special guest Rabbi Dr John Levi present an insightful speech about Buber's Jewish roots.

Following the success of these lectures, Dr Macnab will be presenting a lecture exploring the works of existentialist philosopher Paul Tillich.

More information about this lecture will be announced in the order of service and on our website in the new year.



Rabbi Levi presenting to the audience in October



Dr Francis Macnab presenting the armchair conversation lecture on Martin Buber in December

ST MICHAEL'S

ON COLLINS - MELBOURNE

KENNETH RALPH BOOK LAUNCH



Kenneth Ralph presenting Conversations with the Author in the Wellbeing Studio

Kenneth Ralph launch his new book *Your Final Choice – hastening your death when terminally ill* at St Michael's on Sunday, 25 October.

Kenneth's book is a compelling analysis of the options available to terminally ill Australians and invites us to have a decisive say in how the drama of our last days play out. It is full of stories, anecdotes and the lifelong experience of Kenneth Ralph, a well-respected family and mental health counsellor located in Geelong. Kenneth trained in philosophy at Otago, religion at Princeton and psychotherapy in Melbourne.

If you would like to purchase a copy of his book visit www.morningstarpublishing.net.au.



Dr Francis Macnab interviewing Kenneth Ralph during the Service



ST MICHAEL'S

ON COLLINS - MELBOURNE

MUSIC FOR DAVID

St Michael's was proud to host the delightful *Music for David* concert on Sunday, 25 October. The program included instrumental works by Haydn, Elgar and Albeniz; opera arias by Mozart, Lieder by Schubert and Schumann, English Art-Songs, Ballads and vocal duets by Offenbach, Rodgers & Hammerstein and Sondheim.

A Message from David Ross Smith

Uniting AgeWell's Music For David (MFD) has been set up in memory of The Reverend David Hodges, AM.

MFD is a music program which supports people living with dementia in their homes and, significantly, those loved ones who care for them.

The concert held at St Michael's drew a very appreciative audience who enjoyed wonderful performances from organist Rhys Boak, guitarist Michael MacManus, baritones Nathan Lay and Jeremy Kleeman with myself as accompanist.

My thanks go to Dr Macnab, the staff and congregation of St Michael's for their support and Heather Martin for her superb catering.

David Ross-Smith



Nathan Lay



Michael MacManus



David Ross-Smith



Michael MacManus



Jeremy Kleeman

ST MICHAEL'S

ON COLLINS - MELBOURNE

EQUAL RIGHTS BAPTISMS



We held our first christening with two fathers at St Michael's on Sunday, 8 November.

William and Alexei Randall brought their twins, Charlotte Victoria and Nikolai James Danton to St Michael's for the ceremony and sent us this message:

"Thank you so much for a truly special day... We had family and friends fly in from all over the world and they all are still raving about how beautiful the ceremony was - and Dr Macnab really made their day! The congregation were so welcoming and we had so many people come up and show their support. Also, it truly was quite moving when the entire congregation broke out into applause.

All the best,
Will & Alex"



ST MICHAEL'S

ON COLLINS - MELBOURNE

PILLARS OF ST MICHAEL'S



On Sunday, 8 November we acknowledged and thanked the first *Pillars of St Michael's*, those who have chosen to have a plaque inscribed and placed on one of the many pillars inside the church.

This ongoing initiative gives members of the St Michael's community the opportunity to leave a lasting legacy for future generations and offers a way to be a part of the church and contribute to the preservation of St Michael's.

We'd like to thank all those who have taken up the opportunity as all funds from the plaques will go towards the conservation of St Michael's. If you would like to become a *Pillar of St Michael's* contact the office on 9654 5120.



The pillars were dressed for the occasion in purple ribbons



The St Michael's Singers performed as part of the Sunday Service



ST MICHAEL'S

ON COLLINS - MELBOURNE

It is with great pleasure that we announce the first Pillars of St Michael's

Gladys Barker
With Gratitude
2015

Judy and Ian McNally
With Gratitude
2015

Paul and Sandra Fowler
In Gratitude for St Michael's and Dr Macnab
2015

Marilyn and Norm Cobain and Family
A Place for Nurturing the Soul
1976 – 2015

Heather & Ron Martin & Family
St Michael's so Good So Special for so Long.
2015

Catharine McKean
Her Joy Came from Selflessness
1956 – 2014

In Loving Memory of Max Nelson
Deacon and Elder of St Michael's
1951 – 2010
A Family Presence from 1857

Marlene Drysdale
In Gratitude for this Place of Solace and Peace
2015

In Memory of Mrs Isabel Marguerite Garrett
For her Love, Inspiration, Wisdom and Courage
Mother of Dr Margaret Garrett

Donald, Sonia, Alex & Emily Marshall
Opportunity & Enthusiasm Helps Everybody
Everyday Celebrate Life

The Smeeth Family
With Gratitude

Laurence Frederick L'Estrange
With Gratitude
2015

In Loving Memory of
John Arthur Lewis Hart
1937 – 2014

Kay and Klaus Wiegel
With Profound Gratitude
2015

Rev. Bonnie Bradley
In Gratitude for a Life of Care for Others
1926 – 2014

Sylvia Rhodes
With Gratitude
2015

Marie McVeigh
With Gratitude
2015

In Fond Memory of
Patsy Stubbs
1927 – 2015

In Loving Memory of
Abe and Gwen Grutzner
1911 – 2003

In Loving Memory of Hannah Bedford-Lee
A Granddaughter Taken Too Soon
1990 – 2008

If you would like to become a Pillar of St Michael's call
the office on 9654 5120 or download an application
form from our website www.stmichaels.org.au.

ST MICHAEL'S

ON COLLINS - MELBOURNE

WILMA SMITH AND FRIENDS CHAMBER MUSIC PERFORMANCE AT ST MICHAEL'S



Wilma Smith, Emeritus Concertmaster of the Melbourne Symphony Orchestra, and Friends performed a spectacular concert of chamber music at St Michael's on Friday, 13 November. We are delighted to announce that the concert raised over \$1360 for the good work of Mingary and St Michael's.

The concert featured Donald Nicolson on harpsichord, Marya Martin on flute, Wilma Smith on violin and Alvin Wong on cello.

They presented a spectacular concert casting a spotlight on their virtuosity and musicianship, as well as the beauty and intimacy of some of the most enjoyable chamber music in the repertoire.

The program included:

- MARTINU Promenades for flute, violin and harpsichord.
- J.S. BACH 3-part Ricercar and Trio Sonata in C minor from Musical Offering.
- MATTHEW WESTWOOD Quartet for harpsichord, flute, violin, cello (Premiere).
- RAMEAU Pieces de clavecin en concerts for harpsichord, flute, violin, cello.

ST MICHAEL'S

ON COLLINS - MELBOURNE

ST ANDREW'S DAY A DAY DEDICATED TO CARING

On St Andrew's Day, Sunday, 29 November, we launched a *Mingary, The Quiet Place*, mini-documentary and Dr Francis Macnab invited members of the St Michael's community to help spread the word about *Mingary, The Quiet Place* by joining "The Mingary Coracle".

In times gone by, people living on the many small islands of Scotland would travel, carrying food, comfort and friendship to their neighbouring islands in a small boat called a coracle

With this in mind "The Mingary Coracle" focuses on carrying the words of *Mingary, The Quiet Place* to those in need. By joining "The Mingary Coracle" you are helping to spread the word about this unique space in the heart of Melbourne.

Reach out to your friends and family and tell them about *Mingary, The Quiet Place*. Invite them to experience its soothing quietness, its silence and strength.

Visit www.stmichaels.org.au/mingary to watch the *Mingary, The Quiet Place* mini-documentary. Help spread the word about this unique space by sharing the video with your friends and family.



Visit www.stmichaels.org.au/mingary to watch and share the mini-documentary



We encouraged people to wear a touch of light blue to celebrate the day and Jackson arranged to flood the church with blue light

ST MICHAEL'S

ON COLLINS - MELBOURNE

MINGARY GOES INTERNATIONAL

Dr Lynette Kramer Tells of her Journey to Bend, Oregon

"Once a year, go someplace you've never been before"
- Dalai Lama

Always happy to follow good spiritual advice, especially if it involves a suitcase and a passport, I travelled to the USA in October to visit the First Presbyterian Church in Bend, Oregon. The Lead Pastor, Dr Steven Koski, has been associated with St Michael's for many years and is well-known to many of you. The purpose of my trip was to offer guidance and encouragement for the development of a wellbeing centre based on the principles of Mingary.

Bend is situated in picturesque central Oregon, surrounded by forest, high desert, alpine lakes, snow covered mountains, and volcanoes. My visit began with a welcome dinner attended by about 30 invited members of the church. I received a very warm reception and there was a palpable sense of excitement about the new project they are about to launch. After a delicious meal, I presented a ten-minute video about Mingary (www.stmichaels.org.au/mingary/) and then responded to many questions about the inception and ongoing development of Mingary. There was fascination about the non-religious aspect of Mingary and how this had been an integral part of its success.

My other official engagement was attendance at the two Sunday morning church services. The early service was a modern affair with music provided by a band. The later service was more traditional, with a choir. I was given the opportunity to share the Mingary vision with the congregation who received my visit and my message with openness and appreciation.

Later that morning, I was approached by a married couple who told me that they had been in Melbourne in 2001 at the time of the 9/11 terrorist attacks. Feeling very alone and despondent, they came across Mingary the Quiet Place and were incredibly grateful for the solace and comfort Mingary provided at such a difficult time. I was truly touched by their story.



*Lynette Kramer at the Oregon
lava lands*

*Dr Rev Steven Koski and his
dog Zeke in the Bend forest*

For the rest of my time in Bend, I engaged in informal discussions about Mingary with members of the church staff. I was also shown the sights of the lovely town and its surrounds, including scenic lookouts, waterfalls, and lava lands. For some indoor activity, a lovely time was had at the Nike Factory Store which yielded an abundance of gifts for my very grateful children.

Whilst in Oregon, I also made a point of spending three days in Portland, a city so enjoyable that I quickly came to understand why people are moving there in droves from other parts of the country. Vibrant yet mellow, Portland is a city of hipsters, beards, bicycles, local organic produce, food carts, and backyard chicken coops. Craft beer and fair trade coffee jostle for position as the city's premier drink (cold brewed coffee with balsamic vinegar and sparkling water is actually a thing...who knew?). Nevertheless, every respectable barista was suitably intimidated when I mentioned that I was from Melbourne, one of the coffee-drinking capitals of the world.

Sadly, I had to leave Oregon eventually, but I will hold fond memories of the places I visited and the people I met. I followed up with some recreational stops in San Francisco and Los Angeles, also extremely enjoyable, and then made my way back home, refreshed and invigorated from a most delightful trip. It is a testament to the vision of Dr Macnab and the congregation of St Michael's that a project that began in Melbourne in 1998 is inspiring the people of Bend to follow suit. - Dr Lynette Kramer

ST MICHAEL'S

ON COLLINS - MELBOURNE

MINGARY, A MEANINGFUL PLACE



- External objects speak to internal memories and searching.
- Rock, water and light – space – the gardens.
- Symbols and sacred things of the ages become a powerful presence in our current lives.
- They lift our thoughts from the harsh realities so that other realities can speak to us.
- They speak of strength, support, quietness of soul, new light on old pains.
- They turn our eyes to another way of coping and being with our sorrows and grief.
- There are solid realities here and there is softness and beauty here.

We carry our memories and mixed emotions and our mistakes around with us every day but here in a few moments – Mingary, we can leave them in Mingary.

We are often loaded with many stresses “out there” in life, but here in Mingary there is a different quietness, a different strength – as we realise we can do as the sheep of Mingary do day by day – they are nurtured and “go-on-further”.

The people who were important to us have gone but the symbols of Mingary speak again and again of gratitude, of eternal goodness, the spirit of grace.

Then pause in the gardens.



Three of them: with their colours, their softness, their different language almost urging us to listen to them, to be present to them, to carry some image of their softness and colour and new growth and transforming beauty with you as you go on further in your life.

Yes, we are alone. But the walls of Mingary fold around us, reminding us of our belonging to something far bigger than the burdens we carry.

The symbols of Mingary Rock, Water, Light, Space, are the gifts of Life. We will pass these valued objects onto our generation and the next.

We give meaning to the objects of Mingary and the objects of Mingary give new meanings to us and our life.

We stand in Mingary as a single individual. We leave Mingary knowing we are a part of a wider community of the spirit, the community of nurtures, the community of hope, the community of caring.

ST MICHAEL'S

ON COLLINS - MELBOURNE

S.A.G.E. 2015

Over 900 people attended the monthly S.A.G.E. seminars this year. Ageing is a natural process and part of the human condition. However, far from being a natural process, the accelerated ageing that most of us are experiencing is a man-made disease and a mistake. Despite all the scientific knowledge and technology that is available, we have not learnt how to achieve successful healthy ageing.

Poor lifestyle choices, toxic relationships, stress, and lack of exercise all conspire to age a human body beyond its years. That's why ageing, as most of us experience it, relates more to disease than to chronology. This is good news, because we already know enough about disease to successfully intervene in the ageing process. Good health, and good mental health slows down ageing, causing one to look, feel, and actually be younger.

"Why live long if you are going to be unhappy? People are just as happy as they make up their minds to be."
- Abraham Lincoln



Dr Macnab presenting the final S.A.G.E. seminar for 2015



Julijana Chochovski addressing the S.A.G.E. crowd



ST MICHAEL'S

ON COLLINS - MELBOURNE

MORE ABOUT THE S.A.G.E. PROGRAM.

Most people have little or no preparation emotionally or psychologically for the experiences and events of growing older. The critical years of 55-85 contain many major changes and upheavals. Being unprepared, people are often confronted with health problems and life stresses that could have been prevented.

Challenges may include:

- Preparing for growing older.
- Coping with physical health problems and deterioration.
- Loss of job at retirement (loss of status, belonging to a group or team, friendships and lifestyle).
- Loss of a spouse or partner (loneliness or isolation and fears of the future).
- Loss of confidence and self worth.
- Relocation.
- Anxiety and depression.
- Challenging mood states.
- Changing sexual interest and status.

S.A.G.E. is a program developed 30 years ago by Dr Francis Macnab, and supported by St Michael's Church and The Cairnmillar Institute. Cairnmillar was founded by Dr Francis Macnab and has been at the forefront of clinical psychology and psychotherapy for over 50 years. It has earned a reputation as a centre for clinical excellence with its clinical services specialising in the treatment of psychological and emotional problems.

S.A.G.E. Program teaches the psychology of human strengths in older years for people to live productively and contentedly. It shows how to build positive sustaining lifestyles based on psychological awareness and knowledge. We refer to this knowledge as "ageing intelligence".

Successful ageing requires insights and ideas. It is a skill and as such, is totally learnable. We are all going to age so we may as well get good at it.

S.A.G.E. (2015 areas of discussion)

1. In praise of ageing: the vital personality strengths everyone needs to know.

The benefits, challenges and joys of growing older are explored and discussed. Common characteristics which determine successful ageing are introduced and foundations laid for the vital personality strengths needed in our older years. "What everyone needs to know?"

2. Learning the principles of self soothing.

We show how to better manage your thinking, emotions and behaviours that can lead to fear and anxiety. This includes ways to boost your sense of control in a rapidly changing world. "Adapt, heal, soothe, celebrate."

3. We are often afraid of the wrong things.

So many people will tell you what you can't do. This session shows how to start taking control of your own ageing. How to make decisions and develop new directions. "Anxiety is not an illness - put it to work."

4. I'll never get over it.

It can be difficult to rise above troublesome events or memories from the past that drain our emotional energy. But there are ways to find some release and discover new possibilities for the future. "Different degrees of grief. Different pathways to recovery".

ST MICHAEL'S

ON COLLINS - MELBOURNE

TUDOR CHORISTERS CHRISTMAS CONCERT

On Friday, 11 December, the Tudor Choristers presented a spectacular concert of Christmas carols at St Michael's. The programme featured Benjamin Britten's *A Ceremony of Carols, Op 28* as well as traditional carols and those less well-known, selected from many times and places.



ST MICHAEL'S

ON COLLINS - MELBOURNE

CELEBRATING 62 YEARS OF MARRIAGE

Margaret Annie Martha Abbott Ledley, named after Princess Margaret and member of St Michael's Church celebrated her 62nd year of marriage this year.

She and her husband, Robert Ledley, met at a square dance and were married on December 12, 1953 at St Michael's. She kindly sent in a photograph (pictured below) of them standing on the steps of St Michael's on their wedding day.

All her life Margaret has worked as a volunteer; she was a Girl Guide Leader for 30 years, worked with R.D.A St John Ambulance and the U.3.A.

As a member of St Michael's Church she volunteers her time to help with church services and attends each Sunday.

In her letter she told us that St Michael's gives her "inspiration to keep going and receive knowledge and leaves me feeling the uplifting presence of the good Spirit of God."

Thank you for your lovely letter Margaret, we hope to see you on Sunday at St Michael's for many more years.



Margaret Annie Martha Abbott Ledley and Robert Ledley on their wedding day December 12, 1953 at St Michael's

HOUSEHOLD DEANARY MESSAGE



The Household Deanery's major activity is overseeing the maintenance of our magnificent historic building.

This work is performed by our own maintenance staff plus various contractors, and overseen by the office staff and deanery members.

We would like to thank a few special people for the hard work and dedication which has helped us over the year.

Thankyou to Liz Green and Mal Cobain for their fantastic work in up dating and maintaining the St Michael's Archives throughout the year. Another thank you to Roger Hersey and the office staff for bringing us into the 21st century by digitising the records.

A special thank you to Susan Fleming for her 12 years of dedication to the St Michael's Library and book groups. And for her care and generosity in recently donating a greatly needed wheel-chair to the church.

Dean: Bill Morgan
Deputy Dean: Allan McLaren

ST MICHAEL'S

ON COLLINS - MELBOURNE

CONTACT AND CARE DEANARY MESSAGE



Each Sunday several groups of volunteers from within our St Michael's community, quietly carry out important roles to ensure all who attend St Michael's feel welcome.

The reception given by the Welcome Teams at the outside doors, followed by the welcome and assistance provided by the Door Ushers, ensures that all who attend St Michael's are greeted as they enter the church.

Following the service, a team of volunteers in the colonnade assists any new people into the hall and to find their way around.

Each week a team of tea and coffee servers provide not only a warm drink, but another opportunity to make connections.

The teams on duty at the Visitor and Information Table and the Enquiry Table are available to answer queries and to look out in particular for new people assisting them to feel 'at home'.

We sincerely thank all the volunteers who are involved in these teams for carrying out these special roles, which are such an important part of St Michael's Pastoral Care.

Dean: Lyndell O'Brien
Deputy-Deans: Joy Arnot, Liz Green

CHURCH BUILDING DEANARY MESSAGE



The Church Services Deanery provides a range of support for the Sunday Service each week, and strives to ensure that those visiting St Michael's have a meaningful experience.

The Deanery and its sub-committees are responsible for:

- Folding the Order of Service
- Security and in-house support
- Processional Staff carriers
- Flowers
- Communion preparation
- Silverware cleaning
- Recording of the Service, both audio and video
- Sale of recordings
- The creche

A recent example of Deanery action was when a need for special seating for some of our disabled members was observed. Deanery 1 was consulted and appropriate chairs have now been purchased.

A special thank you to Margaret and Ian Smith for over 20 years of service in Communion Preparation and many years of being responsible for the roster.

Dean: Graeme Adamson
Deputy-Dean: Albert Phillips

ST MICHAEL'S

ON COLLINS - MELBOURNE

PROGRAMS - DEANARY MESSAGE



You may have heard the collective sigh of relief from program facilitators and organisers as another year of programs draws to a close.

Significant events in 2015 include: Opening of Programs, the growing numbers attending midweek events, Cairnmillar Graduation Ceremony, and the many preparation hours given by volunteers to deliver a diverse range of programs.

The program booklet for 2015 scheduled 102 events, only a handful of which did not proceed. 45 volunteers were involved in facilitating and organising these programs.

The resignation of the Programs Manager was a major setback for Deanery 4, however we continued to present wellbeing programs covering a range of topics on weekdays and after Sunday Services. It is of interest to note that some groups had participants who only attended the after church events.

Amongst all the different focuses and business at St Michael's it is noted with admiration the faithful work carried out each Sunday after morning service by the Global Concerns team. The dedicated committee together with some 15 volunteers work tirelessly to make available for purchase from the Global Concerns stall a variety of home-made food and other items including knitted items, used books and CD's.

Your support of the stall Sunday by Sunday with the purchase of goods, provides an opportunity for you to contribute to the work supported through Global Concerns. All money raised from stall sales go directly to organisations both overseas and within Australia. 17 charitable organisations received support from St Michael's Global Concern program.

Space does not permit to name the numerous volunteers in Deanery 4, who for another year have made a significant commitment to St Michael's community. Your contribution to programs during 2015 is very much appreciated and on behalf of St Michael's community, a heartfelt thanks to all of you.

Thanks also to Deputy Deans Evelyn McLaren and Klaus Wiegel for your support throughout 2015. To all Deanery 4 volunteers and the St Michael's community, may this Christmas further enhance your journey towards greater wellbeing.

Best Wishes
Neil Blood

ST MICHAEL'S

ON COLLINS - MELBOURNE

WEDDINGS AT ST MICHAEL'S

2015 has been a fantastic year for weddings at St Michael's. Some of the brides have graciously sent us some photos from their special days. If you or anyone you know would like to arrange a wedding or a wedding blessing at St Michael's visit our website www.stmichaels.org.au or call the office on 9654 5120.



ST MICHAEL'S

ON COLLINS - MELBOURNE

THE CYCLING VERGER



About two years ago our Verger, John Futcher, bought an Italian carbon road racing bike, and on fine days rides 45 kms to St Michael's to create CD's and DVD's with Rupert Cassidy.

After the purchase of a car from Zagame Automotive, John received an invitation to participate in the Zagame cycling team. This was a great opportunity for new experiences.

On 11 October, 2015 John joined 200 others in Team Zagame to cycle 130kms from the Audi Centre Brighton to McCrae on the peninsula and back to Brighton. This was part of the Smith Family *Round the Bay* charity ride.

Three month before the event, John went missing on some Sundays as he attended training rides of 90, 100 and 110 kms to Frankston, Mt Dandenong and Mornington with other shorter rides to build fitness and stamina.

Thanks to great preparation on those Sunday rides John completed the ride with ease, and enjoyed the whole experience.

ST MICHAEL'S REPRESENTED AT THE LORD MAYOR'S MORNING TEA



Dr Macnab and senior ministers of all MCCIA member churches were recently invited to attend Morning Tea with the Lord Mayor on Wednesday, 21 October.

This was initiated by the MCCIA committee to enhance dialogue between the City Council and the city churches, and to thank the Lord Mayor for his support of the city churches, The Way of the Cross and the Blessing of the Nativity Wall.

We are delighted that so many were able to make the most of this opportunity to speak directly with the Lord Mayor and with fellow senior clergy from other city churches.

The Lord Mayor welcomed the idea of making this gathering an annual event, as well as agreeing to coordinated action on homelessness and sustainability initiatives with the churches.

ST MICHAEL'S

ON COLLINS - MELBOURNE

VALE



It is with sadness that we announce the passing of long-time members and friends of the St Michael's congregation:

- Mr Keith Scoble
- Mr Kumar David
- Mrs Marjorie Menzies
- Mrs Alma Hexter
- Myrtle Hovenden

We offer our condolences and support to their families and friends at this time.

LOOK OUT FOR SPECIAL CHRISTMAS DECORATIONS AT ST MICHAEL'S.

The Christmas decoration in St Michael's Church this year are part of the "One Million Stars to End Violence" international weaving project.

These stars represent light, courage and hope to end all forms of violence, including violence against women.

The goal is to weave one million eight pointed stars by 2018 for display in Queensland as part of the G20 Cultural Program. Samoan-Australian artist and weaver, Maryann Talia Pau began this project in Brunswick as a personal response to the rape and murder of Jill Meagher. Since then, it has grown into an international weaving movement with 500,000 stars being woven by communities in Australia, New Zealand, the Pacific Islands, Europe and the U.S.A.

Joy Berryman, her daughter Samantha Bray and Margaret Smith have spent over 100 hours making the 1000 stars for our decoration. These stars will be forwarded on for the big project in Queensland in 2018.



CAR PARKING UPDATE



Please be advised that Interpark have adjusted their casual car parking hours at 120 Collins as follows:

Monday - 6:30am - 9pm
Tuesday to Friday - 6:30am - Midnight
Saturday - 8am - Midnight
Sunday - 9am - 6pm

Members of the public will be able to access the car park at these times - discounted price of \$5 on Sunday's for the St Michael's congregation.

If you have any questions, please do not hesitate to contact the office on 9654 5120.

ST MICHAEL'S

ON COLLINS - MELBOURNE

COMING UP AT ST MICHAEL'S

SOMETHING A BIT DIFFERENT THIS CHRISTMAS.

DIFFERENT WAYS TO
STRENGTHEN YOUR SPIRITUAL
CORE THIS CHRISTMAS.

9am, Friday 25 December
Address by Dr Francis Macnab

THE COURAGE WE
ALL NEED FOR A
DIFFERENT WORLD.

10am, Sunday 27 December
Address by Dr Francis Macnab



**OPENING OF PROGRAMS
10AM, SUN 31 JAN**

Join us as we usher in a new year
of programs and events at
St Michael's.



**KEEP CALM AND CONTINUE CARING
2016 EXHIBITION
APPLICATIONS DUE MONDAY 25 JANUARY 2016**

Members of the St Michael's congregation and community are invited to
apply to exhibit in this exhibition dedicated to caring.

Artists are invited to enter artwork that responds to or embody the
ideals of *caring*, one of the fundamental beliefs of St Michael's.

One artwork per artist will be exhibited.
Size limit of 60cm x 70cm (including frame).

For more information and to download the application pack visit
www.stmichaels.org.au/gallery

mingary

COUNSELLING SERVICE



Mingary Counselling Service

Confidential, low-cost counselling

If you are seeking relief from painful or stressful experiences, assistance with major life changes or help reducing anxiety, fear and uncertainty, call Mingary Counselling services to make an appointment today.

Or visit The Quiet Place (pictured above): a peaceful, nondenominational sanctuary for people of all religions and cultures. Open 8am to 5pm weekdays and 8am to 1pm Sundays; enter from the Russell Street side of St Michael's.

St Michael's Place, 120 Collins Street, Melbourne
www.mingarycounselling.com.au | (03) 9654 5120